

# FOUR WINDS 'MARCH GLIMPSE' . . . COUNTDOWN ON TO 2001 SUPREME ADVENTURE RACE/IDAHO



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March 23, 2001

**Sedona, Ariz.** — The countdown continues to Four Winds '01: The USA Supreme Adventure Race/Idaho. Team registrations are well underway, and as one Idaho-bound racer said, "We are very excited to be part of this year's Four Winds Idaho race, and [like] the fact that we don't have to fly halfway around the world, get some strange disease and empty out our bank accounts to do a top-level, expedition-type adventure race."

## *A GLIMPSE OF THE COMPETITION . . .*

Among the teams already planning to challenge themselves and each other in Idaho are Pure Adrenaline, Adidas, Timex, Pearl Izumi, Epinephrine, Outdoor Extreme, Dawg/Four Winds, Santa Fe, Rock Solid, Bingo, Burning Daylight, Trail Heads, Go Faster, Endurance Junkies, Media One, ER Extreme and Wolverine

## *A GLIMPSE OF THE COURSE . . .*

Idaho will provide some of the most diverse geography as a backdrop for this year's Supreme Adventure Race. Dramatic montages include: a waterfall higher than Niagra; rock monoliths 60 stories tall; underground rivers gushing from sheer canyon walls; snow-capped peaks of the Grand Tetons feeding thundering waterfalls, glistening lakes and free-running rivers; wildflowers, pine and aspen creating kaleidoscopes of summer color and light; elk and moose grazing the grasslands; swans and eagles soaring on high; and more than 300 alpine lakes amidst lodgepole pines.

All of this is just part of the beautiful secret of a once forbidden land that is only now becoming known to the outside world. Racers will experience sensations and insights otherwise inaccessible to most. In many places along the course their only visible proof of man will be to look back at their own footprints.

The Four Winds USA Supreme Adventure Race continues as the only seven- to eight-day expedition-level adventure race of its kind in North America, and with its summer 2001 competition in Idaho, continues a tradition of providing rich, dramatic backdrops for US-based adventure racing. The racer experience is further enhanced by Four Winds' use of experts in all areas of adventure racing, including wilderness survival, rescue wilderness medicine, water safety and mountaineering.

## *A GLIMPSE ABOUT THE FOUR WINDS RACE EXPERIENCE . . .*

"Thank you for putting on an excellent race!! Please forward on my thanks to ALL the Volunteers for the excellent job they did. The one thing above all else, for me at least, about this race was the organization ... it was excellent. Specifically the safety aspect. Having all those spotter boats on the lake through the night was first class. Most of the other races I have competed in have not had nearly as much safety on the water section. My view is that the water section is where most of the serious "problems" could occur if they were to happen and you and the volunteers covered this extremely well. You should use this as a differentiator when comparing to your competitors ... it makes a lot of difference to racers, especially the novices who may not have raced before."

**Team NorCAL**

"Thanks for the great race! The Four Winds races are, by far, the best organized races I've ever competed in. I am very impressed at how you can pull it off."

**Team BandAid**

"Thanks for a great Mountain Rage event. In my assessment, that was the best [short] course I've ever done: varied and challenging terrain traveling through multiple eco-systems; melting desert; cooling snow-capped mountains; moving and flat water; on- and off-trail (including the romance of traveling through old Apache territory peppered with petroglyphs); balanced and challenging distances for each discipline; well-placed checkpoints; a friendly and supportive staff; a course that felt like we were actually going on an adventurous journey. The fact that you were able to get access through pristine wilderness is a testament to your close work and positive relationships you've developed with the Forest Service. We as racers benefit from that, as well."

**Team S.C.A.R.**

***GET MORE THAN A GLIMPSE . . .***

Registration information is available on the Four Winds Adventure Company Web site: [4windsadventure.com](http://4windsadventure.com).  
Volunteer opportunities are available by calling (800) 775-7671.

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